



Run The Vyne – Sunday 14th September 2014

Race Rules

1. Entrants are required to adhere to the Race Rules and directions from marshals and other officials.
2. Entrants for the The Vyne Run must be amateur, and 15 years or older on race date for the 5km and 18 years or older for the 10km.
3. The race will be held under UK Athletics rules.
4. Entries are solely for the applicant, no deferrals. Any runner competing in another person's race number will be disqualified.
5. Transfers are only allowed up to 2 weeks before the race, contact Chineham Park Running Club with the details of both the registered entrant and the replacement.
6. The race organisers reserve the right to refuse or cancel applications, including duplicate applications, or alter the date of the event, the course route or distance.
7. The race organisers, sponsors, charities, suppliers and/or their agents will not be liable for any injury, loss or expense which may arise in consequence of your participation in this event.
8. All runners are required to complete the personal, contact and health details form on the back of their race number in case of medical emergency on race day.
9. Late starters may not be allowed to cross the start line.
10. Race marshals and medical team members have the authority to disqualify and remove any runner they consider to be acting dangerously, or to be unfit to compete.
11. Unfortunately the course is not suitable for wheelchairs, prams, pushchairs, other wheeled vehicles or novelty acts.
12. No dogs, following cycles, alcohol or tobacco allowed.
13. Runners and spectators attend, participate and spectate at their own risk entirely. Please note there is an entry charge to the Vyne Estate for spectators.
14. For safety reasons no head phones are to be worn.
15. Runners are required to give assistance to fallen runners and to report any casualties immediately to the nearest marshal or first aid post
16. In the event of any dispute the decision of the Race Adjudicator and Race Director shall be final
17. Fees are non-refundable, except in the event of complete cancellation, not postponement of the race.
18. A baggage facility will be provided and whilst the organisers will take care to secure possessions, no responsibility will be accepted for loss or damage.
19. Runners are required to register before the race and collect race numbers on the day. Instructions will be emailed at least one week before the race.
20. Runners must be able to complete the 5k course within 1 hour, and the 10k course within 1 hour 45 minutes.
21. Check your bank statement for confirmation of entry.
22. Runners must be aware that they do not have exclusive access to the race course and must be aware there will be other visitors to the woodland including walkers, dogs and children and are asked to take care and show consideration.
23. Trophies will be awarded to the first 3 men and first 3 women crossing the finish line in both the 5km and 10km distances.
24. Runners must note this is a multi terrain race and must expect uneven surfaces, many potential trip hazards, and some narrow pathways. Runners must keep to marked route.
25. Runners need to be aware this is a challenging race requiring a good level of fitness.